

TRANSFORM

4-Week Anti-Racism Challenge (ARC) - It's not too late to join!

Thank you for continuing with us in the ARC. We know how important it is to stay committed and vigilant in anti-racism efforts. As Dr. Martin Luther King, Jr. said, **“Our very survival depends on our ability to stay awake.”**

WEEK 3: April 16 - 22, 2021

Choose from any of the following, or create your own anti-racism activities. Complete at least **3 activities** each week. Use the tracking tool below to record your progress. Let us know if you have ideas/suggestions for other anti-racism activities that we can share with the group.

- ❖ **READ:** “Black-on-Black Crime” Is a Dangerous Myth
<https://www.teenvogue.com/story/black-on-black-crime-myth>
- ❖ **DONATE / VOLUNTEER:** for Change Today Change Tomorrow
Learn about what they're up to here:
<https://m.facebook.com/ChangeTodayChangeTomorrow/>
- ❖ **LISTEN:** NPR's **Throughline** “Policing in America”
Black Americans being victimized and killed by the police is an epidemic. As the trial of Derek Chauvin plays out, it's a truth and a trauma people around the world are again witnessing first hand. But this tension between African American communities and the police has existed for centuries. This podcast traces the origins of policing in the United States and how those origins put violent control of Black Americans at the heart of the system.
- ❖ **WATCH:** this short video clip from Thom Hartmann, featuring part of a speech by Martin Luther King, Jr on the reasons Blacks still face so much financial difficulty and what we should do about it.
<https://www.youtube.com/watch?v=KrR8nvkHTDg>

❖ **CONNECT:** Invite a friend to the 4-week ARC by either joining our Facebook page (#WhiteWomenListenLearnAct) or send an email to lckerrigan@gmail.com to be added to the email list.

❖ **LISTEN** to H.E.R.'s song, "I Can't Breathe" was written in response to the RACISM that led to his and the deaths of many other Black people. "I Can't Breathe" won the 2020 Grammy for Song of the Year.
https://www.youtube.com/watch?v=E-1Bf_XWaPE

❖ **LEARN:** About the George Floyd Act. Passed in the House of Representatives in March 2021, this bill still needs to pass the Senate. **What's in the George Floyd Justice in Policing Act of 2021?**

Broadly, the bill tries to do four things at the federal level: make the prosecution of police misconduct easier, expand federal oversight into local police units, limit bias among officers, and change policing tactics.

<https://www.vox.com/2021/3/3/22295856/george-floyd-justice-in-policing-act-2021-passed-house>

❖ **READ:** Articles on the United Daughters of the Confederacy to understand how this organization of white women played a pivotal role in shaping the U.S. history and miseducation after the Civil War, and even in contemporary times.

https://www.salon.com/2018/10/06/7-things-the-united-daughters-of-the-confederacy-might-not-want-you-to-know-about-them_partner/

<https://www.smithsonianmag.com/history/how-i-learned-about-cult-lost-cause-180968426/>

❖ **CONNECT**

❖ **/SUPPORT:** Patronize a black-owned business. Check out Prime Beauty Studio owned by a young Black woman.

https://www.primebeautyky.com/?fbclid=IwAR0V3Z-YVuf3WabHC616HM2Vp874cRXAR3mvYMALmKsmn61NF_ipumB105s

❖ **CREATE YOUR OWN** anti-racist activity. Please share it with us so we know what the group is up to--and so we can pass it on to others!

❖ **COMPLETE** ANY OF THE ACTIVITIES FROM WEEK 1 OR WEEK 2.

Use the link below to copy or download the ARC Tracking Tool:

<https://docs.google.com/spreadsheets/d/1Yp0fU8BtkaP4V07DOE5tPGGTOFWA9CpT/edit#gid=446847735>