

## "THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE"

## DR. MARTIN LUTHER KING, JR.

## 4-Week Anti-Racism Challenge (ARC)

**WEEK 1:** April 2 - 8, 2021

Choose from any of the following, or create your own anti-racism activities. Complete at least 3 activities each week. Use the ARC Tracking tool below to monitor your progress.

- CONNECT: So that you can easily relay your opinions on important, relevant topics, locate and store contact info for all your elected and appointed officials, including
  - > Governor
  - ➤ US Senators
  - ➤ US Representatives
  - ➤ State Senator
  - ➤ State Representative
  - ≻ Mayor
  - ➤ Metro Council Member
  - ➤ Police Chief
- LEARN: Speed Art Museum's new exhibit, Promise, Witness, Remembrance, honoring Breonna Taylor From the Courier Journal <u>https://bit.ly/2NQXsHo</u>
- WATCH: CBSN video regarding Evanston, Chicago passing reparations of \$25,000 to black citizens for housing, and why the single black alderwoman voted against it. <u>https://www.youtube.com/watch?v=ZSYeObWm\_Ww&t=379s</u>
- JOURNAL: As you begin this challenge, spend a little time reflecting deeply on what has drawn you to the work of anti-racism. What events, observations, feelings, readings, or conversations have moved you? Write a few pages in your

journal about what has brought you to this point and what you hope to learn and contribute to this effort.

LEARN/ACT: Anti-Asian hate (which has long been a destructive force) has risen to horrific levels over the past year. This week, a man viciously beat an elderly Asian woman as bystanders apparently looked on without coming to her aid. Sign up for this free webinar workshop to learn ways to intervene when you witness injustice.

https://www.ihollaback.org/bystanderintervention/

- CONNECT/SUPPORT: Patronize a black-owned business
  - https://www.yelp.com/search?find\_desc=Black+Owned+Businesses&find\_ loc=Louisville%2C+KY
- CONNECT: Invite a friend to the 4-week ARC by either joining our Facebook page (#WhiteWomenListenLearnAct) or send an email to <u>lckerrigan@gmail.com</u> to be added to the email list.
- LEARN/DONATE: In 2021, it has been made glaringly obvious just how systemic racism has polluted everything impressive about this country, and Black organizations are doing everything possible to ensure the community doesn't get pulled into the undertow by the madness. No longer will it be comfortable for passersby to stand on the sidelines. And during Black History Month, Complex called to attention the fact that being anti-racist is the only way to truly bring about change.

Complex: https://amp.www.complex.com/life/how-to-support-black-organizations/

LEARN/DONATE: In the wake of historic voter turnout, especially among Blacks, Latinos, and young people, resulting in unexpected gains for the Democratic party, Georgia Republican officials have passed new voting legislation. These bills are so restrictive that many are calling them the "new Jim Crow." Several civil rights organizations have filed lawsuits to stop these bills, including the ACLU, the NAACP, and Stacy Abrams' group, The New Georgia Project. Learn more here:

https://www.forbes.com/sites/alisondurkee/2021/03/30/civil-rights-groups-includin g-aclu-naacp-sue-georgia-over-voting-law/?sh=c3a06116139e

Consider joining the fight against voter suppression by donating:

NAACP Legal Defense Fund

https://naacplegaldefensefund.org/campaigns/donate-naacp-ldf/

ACLU of Georgia

https://action.aclu.org/give/support-aclu-georgia-foundation?ms=web\_\_aff\_ga\_he\_ader\_act

The New Georgia Fund https://secure.actblue.com/donate/new-georgia-project-action-fund-1

CREATE your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

Use the link below to copy or download the ARC Tracking Tool: <u>https://docs.google.com/spreadsheets/d/1Yp0fU8BtkaP4V07DOE5tPGGTOFWA9CpT/e</u> <u>dit#qid=446847735</u>