

# TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

## 4-Week Anti-Racism Challenge (ARC)

WEEK 1: July 2 - 8, 2021

Choose from any of the following.

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress.

- ❖ **PREPARE:** If you haven't already, so that you can easily relay your opinions on important, relevant topics, locate and store contact info for all your elected and appointed officials, including
  - Governor
  - US Senators
  - US Representatives
  - State Senator
  - State Representative
  - Mayor
  - Metro Council Member
  - Police Chief
  
- ❖ **LISTEN:** As Sadiqa Reynolds speaks out on How We Rise  
<https://www.youtube.com/watch?v=qJqyK9Zjnpk>
  
- ❖ **JOURNAL:** As you begin this challenge, spend a little time reflecting deeply on what has drawn you to the work of anti-racism. What events, observations, feelings, readings, or conversations have moved you? What have you learned so far? Write a few pages in your journal about what has brought you to this point and what you hope to learn and contribute to this effort.

- ❖ **WATCH:** 1964 Documentary on Racism in San Francisco TAKE THIS HAMMER, by James Baldwin. Sound familiar? It should. It's still happening in 2021 [https://www.youtube.com/watch?v=Hy9z\\_Jo8Du0](https://www.youtube.com/watch?v=Hy9z_Jo8Du0)
  
- ❖ **CONNECT/SUPPORT:** Patronize a black-owned business
  - [https://www.yelp.com/search?find\\_desc=Black+Owned+Businesses&find\\_loc=Louisville%2C+KY](https://www.yelp.com/search?find_desc=Black+Owned+Businesses&find_loc=Louisville%2C+KY)

Try the much-celebrated *The Seafood Lady* who is “Spreading Love Across the World, One Plate at a Time.” <https://www.seafoodlady502.com/>

We also recommend *Funmi's Cafe*, serving healthy, modern Nigerian food in the Highlands. <https://www.funmiscafe.com/>
  
- ❖ **CONNECT:** Invite a friend to the 4-week ARC by either joining our Facebook page (#WhiteWomenListenLearnAct) or send an email to [lckerrigan@gmail.com](mailto:lckerrigan@gmail.com) to be added to the email list.
  
- ❖ **LEARN:** Come to a better understanding of the Critical Race Theory issue.
  - <http://bostonreview.net/race-politics/david-theo-goldberg-war-critical-race-theory?fbclid=IwAR3tDldCb6xZeh161FMclIQZpRKdLrRa7PI5PN36Ano4dq99awQce1uaJfo#.YKkDN3p6eJw.facebook>
  - <https://www.dailykos.com/stories/2021/5/5/2029094/-Marc-Lamont-Hill-asks-the-question-every-Republican-seeking-to-ban-critical-race-theory-must-answer>
  
- ❖ **SUPPORT:** Cross the 9th Street Divide. Louisville's premier female brewer has opened a new brewery/cafe in the Portland neighborhood. Check it out!
  - <https://www.courier-journal.com/story/entertainment/dining/restaurant/2021/06/22/shippingport-brewing-co-and-sally-forth-taproom-open-in-louisville/5303060001/>
  
- ❖ **ADVOCATE:** Join the ACLU in urging Congress to pass the John Lewis Voting Rights Advancement Act.
  - <https://bit.ly/3x4Po7g>

- ❖ **CONNECT:** Molo Village 10th anniversary party! Did you know that “molo” means “hello” in Afrikaan?
  - [https://www.facebook.com/MOLOCDC/posts/4283921461629783?notif\\_id=1624218943413138&notif\\_t=page\\_followed\\_contents\\_awareness&ref=notif](https://www.facebook.com/MOLOCDC/posts/4283921461629783?notif_id=1624218943413138&notif_t=page_followed_contents_awareness&ref=notif)
  
- ❖ **CREATE** your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

Use the link below to copy or download the ARC Tracking Tool: