

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 3: July 16 - 22, 2021

Choose from any of the following.

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress.

- ❖ **LISTEN:** To the podcast as David Smith speaks to the campaign director for *51 for 51*, Stasha Rhodes, who is advocating for the US capital to become a state, giving more than 700,000 residents equal representation in Congress
<https://www.theguardian.com/politics/audio/2021/apr/02/the-battle-for-dc-state-hood-politics-weekly-extra>
- ❖ **WATCH:** Winner of a 2021 Gracie Award for writing, nominated by the NAACP for an Image Award (writing), nominated by the International Press Academy (for Best Documentary), and nominated by the Critics' Choice Association (for Best Sports Documentary), and named one of the best films of 2020 by *Esquire*, *A MOST BEAUTIFUL THING* chronicles the first African American high school rowing team in this country (made up of young men, many of whom were in rival gangs from the West Side of Chicago), all coming together to row in the same boat. An amazing story. Based on the memoir by Arshay Cooper. View the trailer here: <https://www.amostbeautifulthing.com/> (On Amazon or Hulu)
- ❖ **CONNECT:** Share an anti-racist article or video on your social media and invite discussion.

- ❖ **READ:** *Ghost Boys*, the story of twelve-year-old Jerome who is shot by a police officer who mistakes his toy gun for a real threat. As a ghost, he observes the devastation that's been unleashed on his family and community in the wake of what they see as an unjust and brutal killing. Soon Jerome meets another ghost: Emmett Till, a boy from a very different time but similar circumstances.
<https://www.goodreads.com/book/show/34647324-ghost-boys>

- ❖ **LEARN / SUPPORT:** Voting Restriction Laws overwhelmingly target Black voters and others of color. Texas legislators left the state to block them.
<https://apnews.com/article/explaining-texas-democrats-walkout-99429d735b2ddf3c54bf119175ddc84d>

*The NAACP has offered to pay the bail of any lawmakers who left Texas in resistance to the voting restriction legislature.
<https://www.facebook.com/weberlegacy/posts/354052996092583>

- ❖ **SUPPORT/CONNECT:** Let us know how you're doing, which of these activities speaks to you, what you'd like to see more of. Send us an article or podcast you find important. Send thoughts on current anti-racism issues. We love hearing from you.

- ❖ **LISTEN:** To this podcast about how stereotypes get into our brains and stay there.
<https://podcasts.apple.com/us/podcast/hidden-brain/id1028908750?i=1000508251981>

- ❖ **LISTEN:** To Tami Simon at Sounds True: "Unplugging From the Matrix of White Supremacy."
<https://bit.ly/3B0M6UZ>

- ❖ **CREATE:** your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

Use the link below to copy or download the ARC Tracking Tool:

https://docs.google.com/spreadsheets/d/1Ur2ZYTx51MVmZQZN_dUc21wI9xxkwjEy/edit#gid=446847735