

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 3: October 16 - 22, 2021

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress.

Choose from the following:

- ❖ **LEARN:** Educate Yourself: Online Racial Equity Workshops through Eventbrite
<https://www.eventbrite.com/c/educate-yourself-online-racial-equity-workshops-cw-wzzcp/>
- ❖ **READ:** Medical examiners have undercounted thousands of police killings, study finds. Conflicts of interest and clerical errors have caused a federal database to undercount police killings by roughly 17,000, according to a new report.
<https://www.msnbc.com/msnbc/medical-examiners-undercounted-thousands-police-killings-study-finds-rcna2507>
- ❖ **WATCH:** This powerful video from the *Courier-Journal* on the Louisville Youth Message about Gun Violence on Tyree Smith’s death
<https://www.facebook.com/watch/live/?ref=search&v=605052260496952>
- ❖ **SUPPORT / VOLUNTEER:** Change Today, Change Tomorrow Is A Black Woman Led Non-Profit Organization In Louisville, KY. They work for change in racist education structure, food justice, and to change public health
To volunteer: <https://change-today.org/volunteer/>

❖ **DONATE:** FEED THE WEST helps West Louisvillians fight scarcity and the unknown by providing fresh food and necessities. Donate food or funds to Feed The West. <https://change-today.org/feedthewest/>

❖ **ADVOCATE:** Sign the petition to insist on ground rules that include community observers in the LMPD contract negotiations
<https://www.the490project.com/petition-groundrules?fbclid=IwAR1wl2NNa1NpmW2tQ66tWgE8OERIBJm3lj9vaDL7HWfyH4WdKxuoO6yVaJI>

❖ **SUPPORT BLACK-OWNED BUSINESS:** Tha Drippin' Crab opens in Molo Village! Celebrity chef Darnell Ferguson opens West End seafood spot
<https://bit.ly/3azf1n7>

❖ **JOURNAL:** Write on one of the following:

- a) How does racism spread? (Give examples you've read about or observed) Why is it so hard to eradicate? (Give examples) What things can I do to prevent the spread of racism?
- b) How can you use your passions and personal hobbies to elevate Black and Indigenous people of color and decenter white voices?

--While we're on the topic, diversify the voices in the media you consume. If you're into a certain topic like rock climbing or finance, mix up who you follow on social media, who you listen to on podcasts, the authors of books you read, etc. We all benefit from learning from each other's unique perspectives.

❖ **WATCH:** Ava Duvergne's documentary, *13th* on Netflix.

As our city grapples with the issue of placing police in the school, we must closely examine mass incarceration of Black people--including the school to prison pipeline.

❖ **READ:** The ACLU has compiled in-depth data on the negative impact of police officers in the schools.
<https://www.aclu-wa.org/story/school-resource-officers-when-cure-worse-disease>

SUPPORT: Donate to the ACLU's ongoing efforts to fight systemic inequality:
<https://action.aclu.org/give/now>

- ❖ **WATCH:** *United Skates* (on HBO) As America's last standing roller rinks are threatened with closure, this thought-provoking and engaging film spotlights a community of thousands who fight to save the underground African-American subculture of roller skating.

- ❖ **SUPPORT** the groups that push for transparency in city/FOP contract negotiations. In Louisville, that group is the 490 Project:
<https://www.the490project.com/>

- ❖ **CREATE** your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

- ❖ **CONNECT:** Invite a friend to the 4-week ARC by either joining our Facebook page (#WhiteWomenListenLearnAct) or send an email to dikerrigan@whitewomenlistenlearnact.com to be added to the email list.

Thank you for your commitment. You inspire us.

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Use the link below to copy or download the ARC Tracking Tool:

<https://bit.ly/3uq4wf7>