

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 1: January 1 – January 7

Choose from any of the following, or create your own anti-racism activities. Complete at least 3 activities each week. Use the tracking tool below to record your progress. Let us know if you have ideas/suggestions for other anti-racism activities that we can share with the group.

- Read, “Confronting racism is not about the needs and feelings of white people”, The Guardian.
 - <http://bit.ly/37WNnA2>
- Volunteer or donate to Change Today Change Tomorrow - Devoted to eradicating the barriers that plague the Black community in Education, Food Justice and Public Health.
<https://change-today.org/>
- Watch the New York Times “How the Police Killed Breonna Taylor” video
 - <http://nyti.ms/3n0GWaf>
- Donate to the GoFundMe fund for Chaundra Lee, whose house burned down on Christmas. She is known for cooking for activists supporting Breonna Taylor.
 - <http://bit.ly/380xmsX> Insider article
 - <http://bit.ly/3n1WhR8> Go Fund Me link
- Patronize a black-owned business
 - <https://www.blackownedlouisville.com/>

- Invite a friend to the 4-week ARC. Forward this email (and copy me), and we will add them to the list to receive the weekly announcements. Or, use this link for Facebook <https://fb.me/e/1KRQMMeN0>
- Journal about your own experience and observations with racism
- Sign up for the class, "Where Do We Go From Here? Addressing Racism Series" with Dr. Michael Hicks (Simmons College) and Rev. Joe Phelps. Offered from the Earth and Spirit Center, begins Feb. 9th
- <https://www.earthandspiritcenter.org/class/where-do-we-go-from-here-addressing-racism-series-module-3>

Use the link below to copy or download the ARC Tracking Tool:

<https://docs.google.com/spreadsheets/d/1Yp0fU8BtkaP4V07DOE5tPGGTOFWA9CpT/edit#gid=446847735>