

4-Week Anti-Racism Challenge (ARC) - It's not too late to join!

WEEK 2: January 8 – January 14

Choose from any of the following, or create your own anti-racism activities. Complete at least 3 activities each week. Use the tracking tool below to record your progress. Let us know if you have ideas/suggestions for other anti-racism activities that we can share with the group.

- Watch 'Deconstructing White Privilege' with Dr. Robin DiAngelo video https://youtu.be/h7mzj0cVL0Q
- Register for the 1-hour "More Light, Less Heat" workshop with Joe Phelps (\$15). Are you weary of how heated and ugly our public discourse has become? February 4th, 7:00 - 8:00 p.m.

https://www.earthandspiritcenter.org/class/more-light-less-heat-workshop-how-to-start-healing-division/

- Donate to the Bail Project https://bailproject.org/
 Watch: John Legend Explains How Cash Bail Traps People of Color
 www.colorlines.com/articles/john-legend-explains-how-cash-bail-traps-people-color
- Patronize black-owned businesses:
 - Suggestion:
 - Order recommended books from Black-owned Kizzy's Books http://bit.ly/3opsfbs
- Donate to Roots101 African American Museum on Main Street. As a reminder, this is where the art and memorabilia honoring Breonna Taylor was moved to from Injustice Square. COVID19 has been hard on museums and tourism. https://roots-101.org.
- Invite a friend to the 4-week ARC. It's not too late to join! Forward this email (and copy me), and we will add them to the list to receive the weekly announcements. Or, ask a friend to join our Facebook page http://bit.ly/3rV1HkC

 Register for the Third Thursday Virtual Lunch presented by Fellowship of Reconciliation and Sowers of Justice Network. Free and open to the public, requires registration to receive Zoom link.

The topic is **Police**, **Power and Privilege**, **with guest speaker Sadiqa Reynolds**, Jan. 21, 2021 | Noon-1:00 PM http://bit.ly/2MF6B4V

- Listen to Rep. Attica Scott on WFPL podcast "Race Unwrapped"
 - http://bit.ly/3pD77P3
- Journal about your experiences with racism. Write your own entry or you may use one
 of these from Me and White Supremacy
 - In what ways have you or people you know been apathetic when it comes to racism?
 - What are some ways you can begin to have deeper conversations with people in your family about racism?
- Email Chief Gentry to thank her for terminating Officers Jaynes and Cosgrove. Template below. https://www.louisville-police.org/formcenter/about-us-4/email-the-chief-43
 Dear Chief Gentry,

I'm writing to thank you for terminating Joshua Jaynes and Myles Cosgrove for their mistakes and misdeeds in the raid that killed Breonna Taylor. These officers, and others, have contributed to a deep seated mistrust among the community. There is no way Louisville can heal from this tragedy while they are still on the force. Many of us are still hoping to see others terminated as well, but realize the importance of this action. I appreciate the difficult situation you've taken on and your careful attention to this matter. Thank you for your service to the city. All the best,

Use the link below to copy or download the ARC Tracking Tool: https://docs.google.com/spreadsheets/d/1Yp0fU8BtkaP4V07DOE5tPGGTOFWA9CpT/edit#gid=446847735