

"THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE"

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 1: January 7 - January 13, 2022

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress. Choose from the following:

PREPARE: If you haven't already, create a list of the names and email addresses/phone numbers of your elected officials: Governor, State Senator, State Representative, U. S. Rep and Senator, Mayor, Metro Council Member, Police Chief, etc so that it will be easy to contact them on important issues.

LEARN: New Year's Day, for many of us, is a time of hope and looking ahead. For slaves in the south, it was a very different story. <u>https://thegrio.com/2020/01/01/new-year-day-slavery/</u>

New Year's eve became known as Watch Night, or Freedom's Eve. On the night of December 31, 1862. enslaved and free African Americans gathered, many in secret, to ring in the new year and await news that the Emancipation Proclamation had taken effect. Read more about the historical legacy of Watch Night: https://s.si.edu/31IMhgF

READ: This excerpt from Darity and Mullins' excellent book, *From Here to Equality*, lays out the framework of a compelling argument for reparations to American Descendants of Slavery.

https://nonprofitquarterly.org/resurrecting-the-promise-of-40-acres-the-imperative-of-rep arations-for-black-americans/

VISIT: On January 9, 2021, from 3:30 - 4:30 pm, The Speed Art Museum will show Dawn Porter's (*John Lewis: Good Trouble*) short documentary on how the art world responded to the murder of Breonna Taylor through Amy Sherald's now-iconic portrait

and the development of the Speed Art Museum's *Promise Witness Remembrance* exhibition.

https://www.speedmuseum.org/event/sunday-showcase-bree-way-promise-witness-rem embrance/

LEARN/SUPPORT: Get to know U of L's "Melanin 5," Educational Cohort of Female Students of Color.

https://louisville.edu/sustainability/news/uofl2019s-2018melanin-52019-is-making-histor y-as-part-of-phd-cohort

-The 5 have created an endowed scholarship for other PhD. candidates of color. Learn more and donate here:

https://m.facebook.com/uoficulturalcenter/posts/4564277316928083

JOURNAL: White supremacy doesn't just superiorize the dominant (white) culture--it normalizes it. Write about ways you may have participated in normalizing white culture, at the expense of other cultures.

VISIT / SUPPORT: If you haven't already, visit Roots 101 African American Museum. Learn more about it here:

https://ardwatalab.net/news-headlines/usa-today-readers-name-roots-101-one-of-the-to p-new-us-attractions-wlky-louisville

WATCH: *Marshall,* the biopic about Thurgood Marshall, with Chadwick Boseman in the title role. You can stream it on Netflix or for free with ads on Pluto TV.

READ: *Kindred*, by Octavia E. Butler. A story of a modern Black woman who is transported in time to a plantation in Maryland as a slave in 1815. <u>https://www.amazon.com/Kindred-Octavia-Butler/dp/0807083690</u>

LEARN: Real estate agents have long contributed to housing discrimination against Black people. They say they want to fix this, but....

https://www.bloomberg.com/news/features/2021-12-21/real-estate-agents-want-to-fix-ho using-discrimination-but-keep-their-commission

VISIT: Visit (in person or virtually) the African American Museum in Washington, DC Learn more here:

https://www.washingtonpost.com/dc-md-va/2021/11/18/smithsonian-african-american-museum-exhibits-online/

CREATE your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

CONNECT: Invite a friend to the 4-week ARC by either joining our Facebook page (https://www.facebook.com/groups/2674114519578518/?epa=SEARCH_BOX) or sign up for our newsletter at www.listenlearnact.org.

Thank you for your commitment. You inspire us.

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Use the link below to copy or download the ARC Tracking Tool: <u>https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?u</u> <u>sp=sharing&ouid=116880872450525024851&rtpof=true&sd=true</u>