

"THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE"

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 2: April 8 - 14, 2022

This is your *own personal journey*. To participate, we ask that you <u>complete at least 3 activities this week</u>. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

LEARN: Join Dr. Ricky Jones and Dr. Kevin Cosby for a panel discussion to discuss the past, present and future of Blacks in Kentucky higher education.

When: April 13th and 12:00 p.m.

Where: St. Stephen Family Life Center, 1508 W. Kentucky St. in Louisville.

Read more here:

https://www.courier-journal.com/story/opinion/2022/03/31/black-peoples-long-continuing-struggle-ky-higher-education-opinion/7208880001/?utm_source=courier-journal-Daily%20Briefing&utm_medium=email&utm_campaign=daily_briefing&utm_term=list_article_headline&utm_content=1107CJ-E-NLETTER65

WATCH: 13th (Documentary on Netflix) Here's the trailer:

https://www.youtube.com/watch?v=K6IXQbXPO3I

Here is the full feature:

https://www.youtube.com/watch?v=krfcq5pF8u8

LISTEN/LEARN: If you were unable to join the recent Listen Learn Act class through the Earth and Spirit Center, watch the conversation with State Representative Attica Scott discussing bills being debated in the legislature and who to contact to make our voices heard.

https://us02web.zoom.us/rec/share/2se6I0O-RalnSxH7DNZqXOvvDqPBSokv8myr1 zj3kAtrf4oNNDZp0Z-zX0Y-Oon.UmxWw8Fji8ONNbp-

ACT: At Representative Scott's urging, work on one or all of the following: –build relationships with people who see these issues differently

- -Continue learning with civic education experiences. Take other classes (including our upcoming one on The Path Forward and Mental Health/Healthcare Issues).
- -Share what you learn with your different networks, including info on how to contact legislators, etc.

DONATE: Place an Anti-Racism book in a Little Library and inscribe it with, "Courtesy of listenlearnact.org, a journey out of racism. Please join us."

READ: *My Bondage and My Freedom*, Frederick Douglass' autobiography, published in 1855. The first person account of living as an enslaved person and escaping to freedom by a remarkable writer. Highly recommended by group member Julie Wood.

WRITE: Many of us wrote letters urging LMPD Chief Erika Shields to terminate officer Katie Crews after her provocative, unprofessional posts and violent instigation the night of David McAtee's death. After several months, Shields finally did – with a scathing rebuke. https://www.wdrb.com/news/records-show-what-former-lmpd-officer-posted-on-facebook-th-at-partially-led-to-her-firing/article_412bea2e-abd1-11ec-b466-630157ca9a35.html
Write Chief Shields to let her know we appreciate all efforts to create a department that adheres to policy and avoids unnecessary violence.

Chief Erika Shields email form:

https://louisville-police.org/FormCenter/About-Us-4/Email-the-Chief-43

LEARN: Artist Stephan Towns explores the role of Black laborers in building and sustaining this country.

https://www.businessinsider.com/stephen-towns-declaration-resistance-art-exhibit-westmore land-museum-black-labor

READ: About the retirement of the oldest national park ranger—a Black woman! At 100, Betty Reid Soskin (yes, a woman – and Black!) reflects on a career that saw her enrich histories of the World War II home front with her own experience as a woman of color facing segregation and hours of toil.

https://www.npr.org/2022/04/01/1090301724/betty-reid-soskin-park-ranger-retires-age-100

LISTEN: Facing the legacy of slavery in America – series podcasts https://reckoningradio.org/podcast/the-reckoning/

LEARN: Talk about getting creative! Using art to address inequity. https://www.npr.org/2022/03/26/1088991029/a-pa-museum-is-paying-black-residents-back-on-their-overtaxed-and-undervalued-ho

^{**}Let us know when you do. We love hearing from you!

CREATE your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

LEARN: Go back and complete an activity you were unable to do from Week 1.

CONNECT: Invite a friend to the 4-week ARC by either joining our Facebook page (https://www.facebook.com/groups/2674114519578518/?epa=SEARCH_BOX) or sign up for our newsletter at www.listenlearnact.org.

Thank you for your commitment. You inspire us.

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Use the link below to copy or download the ARC Tracking Tool: https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&ouid=116880872450525024851&rtpof=true&sd=true