

TRANSFORM

This is the final week of the ARC. But, don't let your Anti-Racism activities end – Listen, Learn and Act

4-Week Anti-Racism Challenge (ARC)

WEEK 4: April 23 - 28, 2022

This is your *own personal journey*. To participate, we ask that you complete at least 3 activities this week. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

WATCH: San Francisco 49ers quarterback Colin Kaepernick shocked the world when he took a knee during the national anthem before a football game to protest brutality and social injustice. He ultimately lost his career because of his refusal to stop doing so. Now he and Ava Duverney have created a funny, insightful, and thought-provoking series about his life: "Colin in Black and White." Rotten Tomatoes says it's "Fun, insightful, deep." On Netflix.

VISIT / SUPPORT: Roots 101 African-American History Museum -a treasure right here in Louisville! The museum's goal is to make patrons better ancestors through exhibits that raise awareness of the African-American experience from slavery to freedom.

<https://www.roots-101.org/>

LEARN and be inspired: In Oakland, California only 15.4% of Black and 12.5% of Latino/a elementary students are currently reading at grade level. Basketball superstar Steph Curry and his wife Ayesha take the bull by the horns to increase literacy for children who've been negatively impacted by the pandemic.
<https://abc7news.com/stephen-curry-little-town-libraries-ayesha-oakland-eat-learn-play-foundation/11697651/>

WATCH: If you've never seen Denzel Washington in Spike Lee's 1992 masterful film, *Malcolm X*, please do so. An excellent biopic, this film sheds light not only on this charismatic and controversial leader, but on the times, and shows how far we still have to go. Free with subscription on HBOMax and for a small fee on Youtube, Apple TV, and Amazon Prime.

Here's the trailer:

https://www.imdb.com/video/vi3885236505?playlistId=tt0104797&ref=tt_ov_vi

***LEARN:** Denzel Washington apparently turned down multiple million dollar roles for a year to pray, prepare, and embody Malcolm. This article discusses his dedication and artistry in this important role:

<https://filmschoolrejects.com/denzel-washington-in-malcolm-x/>

WATCH: Questlove's "Summer of Soul" just won an Academy Award for Best Documentary. We highly recommend it if you haven't seen it yet.

LEARN: Descendants of enslaved people and those who owned slaves are retracing their histories linked by slavery.

<https://www.nytimes.com/2022/03/26/us/slavery-descendants-history.html?referringSource=articleShare>

LEARN: If you were unable to join our recent Listen Learn Act class on "The Path Forward" at the Earth and Spirit Center, you can watch the recording of our visit with Kentucky State Representative Attica Scott here.

https://us02web.zoom.us/rec/share/2se6I0O-RaInSxH7DNZqXOvvDqPBSokv8myr1_zj3kAtrf4oNNDZp0Z-zX0Y-Oon.UmxWw8Fji8ONNbp-

CONNECT / LEARN: The University of Louisville's School of Public Health is hosting community education/listening sessions for the public to learn more about the project, "Louisville's Police Deflection Model / Mobile Crisis Response Teams".

To register, click here and select "4/27/22 Community Education/Listening Session-Virtual" <https://linktr.ee/LouPoliceDeflection>

WRITE: Journal prompt: At the end of this Anti-Racism Challenge, and after 2 years since this group began, and after recent political/legislative changes that have shaken many of us to the core, consider "What now?" What, in your opinion, needs to happen from everyday people like us?

*Consider sending your thoughts to us.

READ: University of Louisville Professor and Head of Pan African Studies Ricky Jones strongly recommends *The Miseducation of the Negro* (1933) by Carter G. Woodson. Jones describes it thus: "The Father of Negro History Week (later Black History Month), offers a sobering analysis of how America's educational systems usually irreparably psychologically damage black people. It is a process that begins in childhood and produces adults with deformed views of their place in the world. Sadly,

this educational process (from K-12 to university levels) which imbues many blacks with calcified inferiority complexes remains largely intact today. Interestingly, the legendary Woodson has Kentucky ties, having been partially educated at Berea College. This classic is essential reading.”

CREATE your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

CONNECT: Invite a friend to the 4-week ARC by either joining our Facebook page (https://www.facebook.com/groups/2674114519578518/?epa=SEARCH_BOX) or sign up for our newsletter at www.listenlearnact.org.

Thank you for your commitment. You inspire us.

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Use the link below to copy or download the ARC Tracking Tool:

<https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&ouid=116880872450525024851&rtpof=true&sd=true>