

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 4: July 22 - 28, 2022

This is your *own personal journey*. To participate, we ask that you complete at least 3 activities this week. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

VISIT: Satisfy Your Seafood Craving! Tha Drippin Crab restaurant is celebrity chef Darnell Ferguson’s (of Super Chefs on Bardstown Rd.) newest venture in the culinary world and it’s happening right in the middle of West Louisville. Located in MOLO Village at 1219 West Jefferson Street, Tha Drippin Crab offers gourmet seafood appetizers, entrees, and more, rooted in Southern-style cooking.

<https://www.thadrippinrab.com/>

WATCH/LEARN: In this excellent TEDtalk, Wellesley Professor Dr. Peggy McIntosh discusses recognizing privilege we didn’t earn—and what to do with it.

“How Studying Privilege Systems Can Strengthen Compassion” by Peggy McIntosh at TEDxTimberlaneSchools (18:26)

<https://www.youtube.com/watch?v=e-BY9UEewHw&t=1s>

WRITE: Journal about the topics Dr. McIntosh addresses, including “What do I have that I haven’t earned because I’m white?” and “What will I put my privilege in the service of?”

LISTEN/LEARN: From this NPR Life Kit podcast on “How to Find Joy in Activism,” learn great tools for pinpointing your gifts and best strategies for becoming what Karen Walrond calls a “Lightmaker.” <https://www.npr.org/transcripts/1102617337>

WATCH: *Hidden Figures*, a 2016 film based on the true story of 3 African American female mathematicians who helped NASA successfully launch John Glenn’s Mercury Atlas into orbit. On Netflix.

READ/LEARN: Here's some little known history in Kentucky:

The 'Simpsonville Slaughter,' a Kentucky Civil War massacre we tried to ignore

<https://www.courier-journal.com/story/opinion/2022/02/10/kentucky-civil-war-massacre-we-almost-forgot-opinion/6689407001/>

READ: In America, there's a chasm between the wealth of white and Black families. It didn't happen by mistake. Read Insider Magazine article, "*A group of lawyers has a plan for how to pay reparations for slavery to Black Americans, and it could finally close the racial wealth gap.*"

<https://www.businessinsider.com/personal-finance/lawyers-reparations-estate-tax-black-americans-2022-6>

SUPPORT: Get to know Louisville's HBCU, Simmons College of Kentucky, founded in 1879 by Dr. William Simmons for others like himself who'd been enslaved. Simmons creates an optimal environment for developing and nurturing the potential of tomorrow's Black leaders – tomorrow's difference makers. Learn and donate to Simmons College:

<https://www.simmonscollegeky.edu/>

WATCH FOR: All Peoples Unitarian Universalist Church's Justice Center is partnering with Highland Baptist Church and First Unitarian Church to mobilize congregations and the community in support of **Back Black Business Month** in August. They are planning a kick off event to be held at Highland Baptist on July 30th.

<https://www.allpeoplesuu.com/justicecenter/>

*Check out some of Louisville's Black-Owned businesses here:

(<https://www.blackownedlouisville.com/our-community>).

WATCH/LEARN: Watch this poetic 14-minute award winning film created by young female, Black filmmaker, Cara Lawson, and read the article about her inspiration.

Film: "Crooked Trees Gon Give Me Wings."

<https://jobschangeus.com/risingvoices-crooked-trees-gon-give-me-wings/>

Article:

<https://variety.com/2022/biz/news/crooked-trees-gon-give-me-wings-cara-lawson-1235299729/>

LEARN: In TheOpportunityAgenda, learn *Ten Lessons for Talking About Race, Racism, and Racial Justice*

<https://www.opportunityagenda.org/explore/resources-publications/lessons-talking-about-race-racism-and-racial-justice>

CREATE your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

CONNECT: Although this is the last week of the 4-week ARC, you can still invite a friend to participate. Just send them this link to sign up!

https://docs.google.com/forms/d/e/1FAIpQLSeKxhrLJ8M7BmkDhXcn0OxxfbdUQr0iRMRYKuflvAg1Q7q52w/viewform?usp=pp_url

Thank you for your commitment.

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Use the link below to copy or download the ARC Tracking Tool:

<https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&oid=116880872450525024851&rtpof=true&sd=true>