

## "THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE"

DR. MARTIN LUTHER KING, JR.

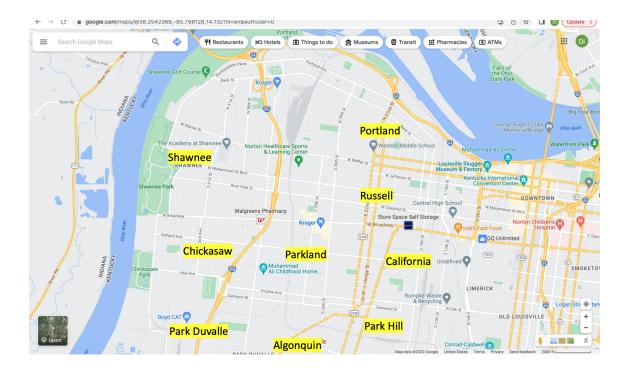
## 4-Week Anti-Racism Challenge (ARC)

WEEK 4: October 21 - 27, 2022

This is your *own personal journey*. To participate, we ask that you <u>complete at least 3 activities this week</u>. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

**OBSERVE / LEARN:** In a recent visit to our Listen Learn Act class, Breckinridge Metro High School teachers, Mr. Rashad and Ms. Cunningham brought members of their student mentoring program, "Men of Quality."

(https://apps.jefferson.kyschools.us/MenOfQuality/default.aspx) Ms. Cunningham explained that while preparing the program, they would sometimes just drive from West Louisville outward into other parts of the city, taking note of changes as they went into different neighborhoods--what kinds of businesses they saw, what the exteriors looked like, what the street and houses looked like, were doors open or windows drawn? Were there check cashing services or doctors' offices? Grocery stores? She suggested we do the same. Here is a map of the nine neighborhoods in Louisville's West End. Take a drive from your home through the city (not on interstates) going into 3-5 of these neighborhoods, noting carefully what you see, hear, smell, etc. If you wish, please write about it in your journal. And if you wish, please share your experience with us. Map:



**LEARN:** About Robert Smalls. In the midst of the Civil War, this enslaved man commandeered a heavily armed Confederate ship and delivered its 17 Black passengers (nine men, five women and three children) from slavery to freedom. <a href="https://www.pbs.org/wnet/african-americans-many-rivers-to-cross/history/which-slave-sailed-himself-to-freedom/">https://www.pbs.org/wnet/african-americans-many-rivers-to-cross/history/which-slave-sailed-himself-to-freedom/</a>

**LEARN / SUPPORT:** As the campaign to quash the teachings of America's brutal history of slavery intensifies, Joseph McGill Jr. has waged a counterattack by founding the Slave Dwelling Project. In 2010, he launched the Slave Dwelling Project, which preserves the former homes of the enslaved and offers a deep history about the living conditions they endured. Learn more about the project and their upcoming events: https://slavedwellingproject.org/

**LEARN:** The ugly reason "The Star-Spangled Banner" didn't become our national anthem for a century after it was written.

https://www.washingtonpost.com/history/2020/10/18/star-spangled-banner-racist-national-anthem/

**SUPPORT:** AMPED (Louisville's Black-owned Business Incubator) is expanding with a new innovation center in the West End. Learn about this amazing organization here: <a href="https://ampedlouisville.org/our-story/">https://ampedlouisville.org/our-story/</a>

**ATTEND:** The free screening of the award-winning film, "Truth Tellers", by Richard Kane, that chronicles Robert Shetterly's journey to uphold our founding ideals. Jefferson Community and Technical College, Nov. 9th at 7:00 p.m. in Health Sciences Hall, Room 166 A

Watch the trailer here: <a href="https://vimeo.com/617305512">https://vimeo.com/617305512</a>

**WRITE:** As the 4-week challenge comes to an end, write about something you've learned and its impact on you. (If you feel like sharing, we would love to hear about it!)

**LEARN:** Detroit's Paradise Valley was a buzzing nightlife district, home to jazz clubs and hundreds of other Black-owned businesses. Until Interstate 375 was built, digging a highway through the area and displacing more than 100,000 residents. Now with help from federal funds and the new infrastructure law, that will be reversed with a mission to knit Paradise Valley back together.

https://www.washingtonpost.com/transportation/2022/09/15/detroit-highway-removal-paradise-valley/

**SUPPORT / CELEBRATE:** On Wednesday, October 26th, from 12pm-2pm, the Hope Village will be celebrating 6 months since their opening. Come hear the stories of success, struggles, and challenges they have overcome. You can attend in person or virtually. Just like the housewarming, they ask that everyone attending bring an item for their community members.

RSVP Today: https://forms.gle/NaRhmhg8wC8oFQkh9

**LISTEN:** To Nina Simone performing "Four Women": Amazing storytelling through song. <a href="https://www.youtube.com/watch?v=tgoRc3GoXo8">https://www.youtube.com/watch?v=tgoRc3GoXo8</a>

**WATCH**: "What Happened, Miss Simone?" Documentary on Nina Simone. Streaming on Netflix, available to rent for \$3.99 on Amazon Prime.

**READ:** The discrepancies in police treatment of Black and white crime victims is clearly seen here.

https://atlantablackstar.com/2022/09/21/i-was-just-an-average-black-girl-memphis-woman-said-her-rape-allegations-were-not-a-priority-until-the-man-was-accused-of-killing-heiress-eliza-fletcher/

**READ or LISTEN:** Racism seems to be a driving factor behind the Second Amendment. (Shocking, we know.) Listen in on historians Carol Anderson, Joanne Freeman, and Heather Cox Richardson's conversation on our founding fathers and the fears that drove the crafting of the constitution.

https://cafe.com/now-and-then/racism-and-the-second-amendment-with-carol-anderson/

**LISTEN:** As Dr. Steven Kniffley speaks to a Listen Learn Act class at the Earth and Spirit Center about the impact of racial trauma on Black and Brown people, its origins, and how it affects generation after generation:

https://us02web.zoom.us/rec/share/YRiAuo49Zww-DqjR7j2w8RHslUjChaj7uPn-vv4NULOh mbnO6uxhabplyZLjwu .eLU8ZTwsSZZYU2wo

Passcode: Ub#LS57I

(Session begins at the 11:00 minute mark)

**LEARN/SUPPORT:** Louisville Story Program's "The Book Works" advocates for and with youth and young adults who are disconnected from career pathways because of educational disruptions, childhood trauma, social or racial discrimination, or economic hardship. <a href="https://www.thebookworks.org/?mc\_cid=7d08dd7dd4&mc\_eid=aacc013b7c">https://www.thebookworks.org/?mc\_cid=7d08dd7dd4&mc\_eid=aacc013b7c</a>

**CREATE** your own anti-racism activity. If you like, **please share it** with us at dikerrigan@listenlearnact.org so we can pass the idea on to others. \*\*\*Thank you so much to those who've shared ideas with us!

**CONNECT**: Invite a friend to this last week of the ARC. Just send this link to sign up! <a href="https://lp.constantcontactpages.com/su/TTPPib0/listenlearnact?source\_id=5a627260-93c0-40b8-a69a-65892fe9a932&source\_type=em&c=MnRQQrWakn5fccCy2RdhVABEpEMg7aHvbiVEKEKTnKL7c2efzRfuMQ==

Thank you for your commitment.

Debbi LaPorte and Di Kerrigan

Use the link below to copy or download the ARC Tracking Tool: <a href="https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&ouid=116880872450525024851&rtpof=true&sd=true">https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&ouid=116880872450525024851&rtpof=true&sd=true</a>