

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 2: October 8 - 15, 2021

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress.

Choose from the following:

- ❖ **READ:** USATODAY’s “Seven Days of 1961”
<https://docs.google.com/document/d/18W22G8GeXv41nS4ns8ghrpp8VTFGxk6JCBGQ8wdHwq8/edit>
- ❖ **ADVOCATE:** Voting rights are under attack in numerous states. The Senate recently used the filibuster to avoid a vote on the The Voting Rights Act (which was passed by The House of Representatives. President Biden must work to end the filibuster. Call The White House ((202) 456-1111) and leave a message urging the president to do everything in his power to end the filibuster.
- ❖ **LEARN:** The National Urban League’s Heartland Tour is coming to Louisville on October 14 at the new Norton Healthcare Sports & Learning Center. It will highlight [NUL’s 21 Pillars for Redefining Public Safety and Restoring Community Trust](#)
<https://lul.org/event/public-safety/>
- ❖ **VISIT:** This website to find great products from Black owned businesses
<https://www.theskimm.com/life/our-fave-wellness-products-from-black-owned-brands-6tCjTVeCiy5qRVet2yXmIH>

- ❖ **LISTEN:** from jazz singer, pianist, and civil rights activist Nina Simone:
 - “I Wish I Knew How It Would Feel to be Free”
<https://www.youtube.com/watch?v=-sEP0-8VAow>
 - “Why? (The King is Dead)” Written just after the death of Martin Luther King.
<https://www.youtube.com/watch?v=8Uy8cyVWU2A>
 - “Mississippi Goddamn”: <https://www.youtube.com/watch?v=LJ25-U3jNWM>
 From *The Atlantic* on the impact of this song:
 “At Carnegie Hall, “Mississippi Goddam” is performed and recorded as an album before a mostly white audience. The backlash was furious. The song was banned in several states. Simone’s daughter Lisa describes how boxes of the records would return from radio stations around the country cracked in half. Her career never fully recovered. But the show went on. In 1965, Simone performed “Mississippi Goddam” before tens of thousands of marchers in Selma on a stage propped up by coffins.”

- ❖ **WATCH:** *What Happened, Miss Simone?* <https://www.netflix.com/title/70308063>

- ❖ **JOURNAL:** Think of some of the most influential people in your life—how did their views (or lack of spoken views) impact your life? Think of the people you will influence—how do you want them to be impacted because of the antiracism work you’re doing now?

- ❖ **WATCH:** Ken Burns’ new documentary of Muhammed Ali, streaming on PBS
<https://www.pbs.org/kenburns/muhammad-ali/watch>

- ❖ **VISIT:** The Roots 101 African American Museum
<https://www.roots-101.org/>

- ❖ **READ:** Baby injured in shooting survives, but has a long way to go:
https://www.courier-journal.com/story/news/local/2021/10/01/kidz-club-treats-louisville-baby-shooting-survivor-ocean-robertson/5932543001/?utm_source=courier-journal-Daily%20Briefing&utm_medium=email&utm_campaign=daily_briefing&utm_term=list_article_thumb&utm_content=1107CJ-E-NLETTER65

- ❖ **DONATE:** To help Ocean's family as they face ongoing medical expenses, visit this GoFundMe page at bit.ly/3IDv34m.

- ❖ **SUPPORT:** Christopher 2x Game Changers who partners with local organizations, law enforcement agencies, schools, and community leaders to

promote early childhood education and parental involvement, support victims of gun violence, advocate for peace and justice, and bring hope and healing to the children and young people in our community

<https://2xgamechangers.org/christopher-2x-game-changers--youth-advocate-community-activist.html>

- ❖ **CREATE** your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

- ❖ **CONNECT**: Invite a friend to the 4-week ARC by either joining our Facebook page (#WhiteWomenListenLearnAct) or send an email to dikerrigan@whitewomenlistenlearnact.com to be added to the email list.

Thank you for your commitment. You inspire us.

Debbi and Di

Use the link below to copy or download the ARC Tracking Tool:

<https://bit.ly/3uq4wf7>