

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 4: October 17 - 29, 2021

Complete at least 3 activities this week. Use the ARC Tracking tool below to monitor your progress.

Choose from the following:

- ❖ **LEARN / SUPPORT:** Learn more about amazing work being done at the Louisville Urban League by subscribing to their monthly newsletter, The Advocate. The link below is the October 2021 issue:
<https://mail.google.com/mail/u/0/?ui=2&ik=875bbc44fb&view=lg&permmsgid=msg-f%3A1712723700221544991&ser=1>

- ❖ **WATCH:** The National Urban League 21 Pillars Heartland Tour, Empowering Communities to Transform Public Safety, held at The Norton Sports and Learning Complex, Louisville, Ky.
<https://www.facebook.com/watch/live/?ref=search&v=304261384464555>

- ❖ **LEARN:** About the Louisville Metro Office of Safe and Healthy Neighborhoods.
Purpose: To create neighborhoods that support every citizen from Prenatal - through - Education - to - Career, while focusing energy and resources on youth (ages 0-11), juveniles (12-17) and young adults (18-30) as well as those most impacted by homicides, suicides, and overdoses.

Vision: Helping create a city of safe neighborhoods, where everyone is secure, supported, free of violence, and prepared for lifelong success.

<https://louisvilleky.gov/government/safe-neighborhoods>

- ❖ **LISTEN:** Kentucky Center for Investigative Reporting (KyCIR) has created an excellent, powerful series on Louisville policing and the Black community: “The Model City.” To listen, select Season 2, Episode 1 *The Eye of the Storm*
<https://kycir.org/2019/11/25/listen-season-1-dig/>

- ❖ **LEARN:** About Future Healers, an outreach, service and education program that provides for kids from underserved neighborhoods to learn from University of Louisville Medical School doctors and students and the UofL Hospital Trauma Institute team. The program, now in a pilot phase with kids from 4-13, kicked off on July 24 at UofL Hospital, with younger children engaging in an anatomy lesson with play dough and older kids in an operating room where they handled surgery tools and learned about the many people and skills required to successfully perform an operation, with the focus always on the patient. Link to Christopher 2x Game Changers’ Future Healers:
<https://2xgamechangers.org/ourwork.html>

- ❖ **READ:** People are challenging the Confederate “Lost Cause” naming of streets in Alexandria, Virginia.
<https://www.washingtonpost.com/dc-md-va/2021/10/17/alexandria-confederate-streets-floyd-renaming/>

- ❖ **SUPPORT BLACK-OWNED BUSINESS:** Coleman Preparatory Academy is a minority founded private school that is bringing a new branch of educational excellence to Louisville, Kentucky. The school opened in the 2021-2022 school year serving grades Prek-3 through 2nd grade, with a plan to extend to 12th grade by 2024-2025 school year.
<https://www.colemanprep.org/about-us>
Coleman Prep is also doing a tee-drive to provide tee shirts to their students from their favorite HBCU schools. Here is a link for a state-by-state list of HBCUs around the country. Pick your favorite and order some tees (children sizes only).
<https://hbculifestyle.com/list-of-hbcus-by-state/>
Use this link to let them know that children’s tee-shirts are on the way -- or you can just donate to this cause at this link:
<https://www.colemanprep.org/hbcu-tee-drive>

- ❖ **JOURNAL:** The National Museum of African American History and Culture site (<https://nmaahc.si.edu/learn/talking-about-race/topics/being-antiracist>) offers this advice for having difficult conversations around race:

A Questioning Frame of Mind

A commitment to being antiracist manifests in our choices. When we encounter interpersonal racism, whether obvious or covert, there are ways to respond and interrupt it. Asking questions is a powerful tool to seek clarity or offer a new perspective. Below are some suggestions to use in conversations when racist behavior occurs:

- offer an alternative perspective: "Have you ever considered _____?"
- seek clarity: "Tell me more about _____."
- speak your truth: "I don't see it the way you do. I see it as _____."
- find common ground: "We don't agree on _____, but we agree on _____."
- give yourself the time and space you need: "Could we revisit the conversation about _____ tomorrow?"
- set boundaries: "Please do not say _____ again to me or around me."

WRITE about an instance in which you might use one or more of these strategies.

- ❖ **READ:** "To Honor the Spirit of Their Ancestors, They Rode 1,100 Miles on the Underground Railroad." For these five Black and LatinX riders, the journey from Alabama to D.C. was about legacy.
<https://www.bicycling.com/rides/a36489574/underground-railroad-ride/>
- ❖ **WATCH:** Victor Hugo Green published *The Negro Motorist Green-Book*. Watch the movie if you haven't already.
See the trailer here: https://www.youtube.com/watch?v=QkZxoko_HC0
You are able to stream Green Book by renting or purchasing on **Google Play, Vudu, Amazon Instant Video, and iTunes.**
- ❖ **LEARN:** At the 15th annual Anne Braden lecture, a Yale professor will be presenting a history of police violence and politely uprisings from the 60s through Breonna Taylor. Registration for this event at U of L, Nov 10th at 6:30 pm.
<http://tiny.cc/ABI2021>

❖ **CREATE** your own anti-racism activity. If you like, please share it with us so we can pass the idea on to others.

Thank you for joining us on this journey!

Debbi and Di

Use the link below to copy or download the ARC Tracking Tool:

<https://bit.ly/3uq4wf7>