

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

4-Week Anti-Racism Challenge (ARC)

WEEK 1: July 1 - 7, 2022

This is your *own personal journey*. To participate, we ask that you complete at least 3 activities this week. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

CONNECT: So that you can easily relay your opinions on important, relevant topics, locate and store contact info for all your elected and appointed officials, including

- Governor
- US Senators
- US Representatives
- State Senator
- State Representative
- Mayor
- Metro Council Member
- Police Chief

LEARN/VIEW: This short, rare clip (1:14) of Dr. Martin Luther King, Jr. made us see US history in a way we never had before. Although Black people had been offered 40 Acres and a Mule just after the end of slavery, that program was soon rescinded and the land returned to white confederate landowners (our lesser known history). Meanwhile...

<https://bit.ly/3y3fjhh>

WATCH: *Get On Up*, biopic with the unforgettable Chadwick Boseman starring as James Brown. Music critic [Robert Christgau](#) found the film "not just good--great...worthy of the genius who inspired it." On Netflix.

VISIT: Visit and donate to Roots101 African American Museum at 124 N 1st St, Louisville, KY, <https://www.roots-101.org/>

*For the next few months, Roots101 will feature a virtual exhibit on the life of Breonna Taylor. For more information, click here: <https://on.thegrio.com/3Ozupm4>

READ: This excellent article examines the way most white people are socialized around race and provides ideas for productive conversations and training for anti-racism.

<https://bit.ly/3QR31kR>

JOURNAL: After reading the above article, talk about your own socialization concerning race, whether in your family or at school, and the impact it's had on your life.

LEARN: Register for our upcoming class, "Tools for Having Difficult Conversations around Race" taught by Cory Lockhart, over Zoom, July 12 & 19. Course offered at no charge. Use this link to sign up:

<https://bit.ly/3u3nYzI>

SUPPORT: In this article, the Courier Journal lists local Black-owned businesses as part of 502 Black Business Week. But, we encourage you to patronize these businesses throughout the year!

<https://bit.ly/3QN5lTf>

READ: Oris Buckner was New Orleans's only Black homicide detective in the early 1980s and exposed one of the worst cases of police violence in the city's history, leading to the conviction of three officers on civil rights charges. He died this week at the age of 70. Read the full story here: <https://nyti.ms/39JkWJF>

JOURNAL: Writer and journalist Jelani Cobb, noting the long tail of white nationalist violence in the U.S., said **there's a bigger question** after the Buffalo attack that we need to address: "What we, as a society, are prepared to do in order to prevent these kinds of atrocities from happening again and again?" Read the linked PBS article and write a response to Cobb's question.

<https://to.pbs.org/3AbuCHI>

CREATE your own anti-racism activity. If you like, **please share it** with us at dikerrigan@listenlearnact.org so we can pass the idea on to others.

CONNECT: Invite a friend to the 4-week ARC. Just send them this link to sign up!

<https://bit.ly/3NrvOe>

Thank you for your commitment.

Debbi and Di

Use the link below to copy or download the ARC Tracking Tool:

<https://bit.ly/3NmXVtz>