

TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

OCTOBER 4-Week Anti-Racism Challenge (ARC)

WEEK 1: October 1 - 6, 2022

This is your *own personal journey*. To participate, we ask that you complete at least 3 activities this week. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

LEARN: Register for Metro United Way's upcoming event: Beyond Buzzwords, "I Too Am America" *On Loving and Leading Black Men & Boys*, with Shawn Dove. October 11th ; 12:00 - 1:15 pm. The event will be virtual.

<https://muw.metrounitedway.org/comm/SinglePageRegEvent.jsp?EventKeyHex=3131333338>

WATCH: CIVIL, documentary on Ben Crump, lawyer for the families of George Floyd, Breonna Taylor, Black farmers, and “banking while Black victims.” Streaming on Netflix.

<https://www.netflix.com/title/81316543>

READ: NY Times: 200 Years Later, The City of Charleston Honors The Attempted Slave Uprising led by Denmark Vesey

https://www.nytimes.com/2022/07/15/arts/design/denmark-vesey-bicentenary-charleston.html?unlocked_article_code=Hjfds2Y738ql4UCwp2VAn1ZgMu4JYYEMagSYe0uQEaG7xwT6UwCM6BudlrHpf9ptldRZBdYUwG39kzEVJ8gdmJyfOUns-sdZf0kKsr9Jpdp4_ZpPK9xr-9phsOsgvHnhltzSoHUep5pgzo2omUTr-eqKDjBAZcCuBDwis9Lff8k2ge0z0x-rtv44Yc7WU562zisvfd5WGKtNWgRPRgCeUAOtHTEAmfSouUp-V0WVLdpTEMX-5ch2PMD_ps2ESNvyjreKtZXeB97Y3QuhSkaJ1jWsm83jEJfM3XbvRUDt1ArAis-2zjSJuoXwc_5YaPxAoB2vE7J8r39V0EdDfOb-rban-loZ7Vmgot8uvAnXBK64Jg&smid=share-url

REGISTER: Join us and author Emily Bingham as she reads from and discusses her new book, *My Old Kentucky Home*. Also appearing, guest youth hip-hop group, The Mighty Shades of Ebony. Register for this free event here:

<https://www.earthandspiritcenter.org/class/author-emily-bingham-and-my-old-kentucky-home/>

READ: “Truthout” article examining the recently revealed information that police lied to get the warrant to enter Breonna Taylor’s home the night she was killed.

<https://truthout.org/articles/police-lied-to-get-the-warrant-to-search-breonna-taylors-home/?eType=EmailBlastContent&eld=d6fbee1a-4ff6-4b3d-9045-6d8177b668de>

ATTEND: Apeirogon Story Exchange, Conference and Music Video Release—a night of food, amazing entertainment, and empathy building techniques through storytelling. Entertainment by youth hip-hop group from W.E.B. DuBois Academy. Muhammed Ali Center October 7, 6:30 - 9:00 p.m. More info and register here:

<https://19291.blackbaudhosting.com/19291/Justice-League-LOU-Music-Video-Release>

WATCH: “Making Black America: Through the Grapevine,” produced by Henry Louis Gates, Jr. on PBS, October 4 at 9 p.m. Eastern Time

<https://www.pbs.org/weta/making-black-america/>

VISIT: The SEEK (Struggles for Emancipation and Equality in Kentucky) Museum, located in Russellville. SEEK is made up of several buildings in two areas of Russellville; it tells the story of slavery and Jim Crow in Western Kentucky and beyond while also teaching about several important African Americans from the area, most notably journalist Alice Allison Dunnigan

<https://www.seekmuseum.org/>

DONATE/VOLUNTEER: The Hope Buss and Hope Village Safe Outdoor Space. Learn more here. <https://www.thehopebuss.org/>

- make a one-time or monthly donation to The Hope Buss: <https://www.thehopebuss.org/>
- drop off food and other supplies on Thursdays at The Hope Village (Maybe get a friend to join you!) They need cleaning supplies, including brooms and dust bins, pinesol and bleach, as well as push brooms; 55 gallon trash bags; individually wrapped snacks such as chips and nuts; drink mixes like powdered gatorade and powdered lemonade, etc.

Drop off times: Thursdays from 10 a.m. to 1 p.m. and 4 p.m. to 8 p.m.

Place: 212 E. College Street. Take all donations to the carport door in the alley.

READ: *The Atlantic* article by Ta-Nehisi Coates, “Slavery Made America”

<https://www.theatlantic.com/business/archive/2014/06/slavery-made-america/373288/>

VIEW: This recording of our Listen Learn Act class on Health Equity in Louisville given on 9/20/2022 by Dr. Karen Krigger who is a doctor and professor at UL Health, and Director of Health Equity at U of L's Office of Diversity and Inclusion:

https://us02web.zoom.us/rec/share/ZEXc5ELEj8erAgecuriBKk9lceLNnjZjzgi23n_T4fYkOvDJHlqKxHRZgPAZfCro.kRQ-VhserKvCdKiN

Passcode: \$Ti*C8d9

SUPPORT: Visit Abol Coffee shop – a Black owned Ethiopian coffee shop at 102 ½ Cannons Lane, Louisville, KY, 40206 <https://abollouisville.com>

CREATE your own anti-racism activity. If you like, **please share it** with us at dikerrigan@listenlearnact.org so we can pass the idea on to others.

CONNECT: Invite a friend to the 4-week ARC. Just send them this link to sign up!

https://lp.constantcontactpages.com/su/TTPPib0/listenlearnact?source_id=5a627260-93c0-40b8-a69a-65892fe9a932&source_type=em&c=MnRQQRWakn5fccCy2RdhVABEpEMq7aHvbjVEKEKTnKL7c2efzRfuMQ==

Thank you for your commitment.

Debbi and Di

Use the link below to copy or download the ARC Tracking Tool:

<https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit?usp=sharing&oid=116880872450525024851&rtpof=true&sd=true>