

# TRANSFORM

“THE ARC OF THE MORAL UNIVERSE IS LONG, BUT IT BENDS TOWARD JUSTICE”

DR. MARTIN LUTHER KING, JR.

## 4-Week Anti-Racism Challenge (ARC)

**WEEK 2:** January 6 - 12, 2023

This is your *own personal journey*. To participate, we ask that you complete at least 3 activities this week. You can use the ARC Tracking tool below to monitor your progress. Choose from of the following:

**LEARN:** About American dancer, singer, actress, and civil rights activist Josephine Baker, who found fame as an expatriate in Europe.

<https://www.newyorker.com/magazine/2022/08/15/josephine-baker-was-the-star-france-wanted-and-the-spy-it-needed-damien-lewis-agent-josephine>

**WATCH:** *Something the Lord Made* - The incredible true story of a white surgeon and a Black lab technician who revolutionized heart surgery amidst the racial injustice of the 1940s. Watch it on **HBO Max, Spectrum TV, Prime Video, Vudu or Apple TV** on your Roku device. Here is the trailer:

<https://www.youtube.com/watch?v=UmiRohBSy5Y>

**REGISTER:** for our upcoming racial justice class, “Finding a Path Forward for Job Equity and Financial Empowerment.” The class is free and meets both in person and online.

Through the Earth and Spirit Center. Learn more here:

<https://www.earthandspiritcenter.org/class/listen-learn-act-finding-a-path-forward-in-west-louisville/>

**READ:** White contractors wouldn’t remove Confederate statues erected by the Lost Cause in Richmond, VA. So a Black man’s company was recruited despite the controversy and danger.

<https://www.msn.com/en-us/news/us/white-contractors-wouldn-t-remove-confederate-statues-so-a-black-man-did-it/ar-AA15T0tX>

**SUPPORT:** Environmental racial justice by learning about and donating to a Louisville grassroots organization working for cleaner air and soil.

REACT (Rubbertown Emergency ACTION)

<https://ej4all.org/react>

**LEARN:** How corruption in Mississippi deprived poor people of needed relief.

<https://www.vox.com/policy-and-politics/2022/9/24/23368759/mississippi-welfare-fraud-scandal-brett-favre-reform>

**VISIT / SUPPORT:** Need specialized tee shirts, sweatshirts, hats for your next group function or family get-together? Call or visit Sow Journey – a Black woman owned business that creates customized screened apparel. Darla Thompson, CEO, gives excellent service and prices (we know from experience!) Located in the Norton Sports and Learning Center, 3029 W. Muhammad Ali Blvd., Louisville, KY Call for an appointment at 502-472-9400.

<https://www.sowjourney.com/>

**ATTEND:** LSURJ (Louisville Showing Up for Racial Justice) first monthly meeting in 2023! Meetings are held virtually. Find more information here.

<https://www.facebook.com/events/816562076093005/816571929425353/>

**WATCH:** *Backs Against the Wall: The Howard Thurman Story.* Howard Thurman was among the most influential Black theologians and mystics of the 20th Century, mentor to Reverend Martin Luther King, Jr. and one of the architects of the Civil Rights movement. His book, JESUS AND THE DISINHERITED, framed the movement as a spiritual struggle and influenced religious leaders including King, Reverend Jesse Jackson, and many others.

On Youtube: [https://www.youtube.com/watch?v=wVl\\_irB59IM](https://www.youtube.com/watch?v=wVl_irB59IM)

**LEARN:** The very name “Wall Street” in New York City is born of slavery, with enslaved Africans building a wall in 1653 to protect Dutch settlers from Indian raids. Learn more about the thousands of enslaved and freed Africans’ burial site that was discovered in a 1991 excavation.

<https://time.com/5808542/african-burial-ground-history/>

**DONATE/VOLUNTEER:** CTCT: Change Today, Change Tomorrow is a grassroots, Black-woman led Louisville non-profit devoted to eradicating food injustice and public health barriers that weaken the communities of our Black and other marginalized neighbors. Learn how to help here: <https://change-today.org/>

**CREATE** your own anti-racism activity. If you like, **please share it** with us at [dikerrigan@listenlearnact.org](mailto:dikerrigan@listenlearnact.org) so we can pass the idea on to others.

**CONNECT:** Invite a friend to the 4-week ARC. Just send them this link to sign up!  
<https://lp.constantcontactpages.com/su/ambMTOs/listenlearnact>

Thank you for your commitment.

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Use the link below to copy or download this ARC Tool to track your progress:

<https://docs.google.com/spreadsheets/d/1KshnjV-w4a7bxa5lyfdBfZ-GRX7TqypB/edit#gid=446847735>